



1 Common Street; Waterville, Maine 04901  
(207) 680-4200 info@waterville-me.gov

---

## **A Notice Regarding Corona Virus**

I am writing today to inform you of steps the City of Waterville is taking and preparing to take, in the event of a coronavirus outbreak in our community. While the likelihood of such an event is quite low, we have been advised by the Centers for Disease Control (CDC) to have plans in place and to communicate with the public, staff, students, and parents, steps they may take to prevent the spread of this and other illnesses.

### **What is Coronavirus?**

Coronavirus is a respiratory disease caused by a novel (new) coronavirus first detected in Wuhan City, Hubei Province, China and which has now been detected in 37 locations internationally, including the United States. The virus is named "SARS-CoV-2" and the disease it causes is named "coronavirus disease 2019" (abbreviated "COVID-19"). The United States reported the first confirmed instance of person-to-person spread with this virus on January 30, 2020. (<https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.shtml>)

### **What does the disease look like in humans?**

Signs and symptoms of COVID-19 include fever and/or cough and difficulty breathing. Sore throat is also reported in some patients. If you have these symptoms and did not recently travel to China or did not have contact with someone with 2019 Novel Coronavirus, it is likely to be a cold or the flu.

### **What is the best way to prevent the spread of the disease?**

If you are sick you should stay home, cover your coughs and sneezes, and wash your hands regularly. If you or your child, spouse or dependent has a fever, please keep them home until at least 24-hours after the fever has subsided without the use of fever-reducing medicines, such as acetaminophen. This standard is expected of staff, volunteers and committee and board members as well.

### **What can the town and schools do to help prevent the spread of this and other diseases?**

Aside from educational memos such as this, and our work in the city and at school each day reminding visitors, residents, students, staff and volunteers of precautionary measures mentioned above, we are also determined to ensure that commonly touched surfaces throughout the schools, public spaces, and work areas (desktops, doorknobs, drinking fountains, etc.) are disinfected each day. We are also conferring monitoring guidance advisories from the Maine Center for Disease Control (CDC) and the US CDC as well as state and local medical and emergency management professionals to determine other steps we may take to assist in stopping this disease before an outbreak occurs.

### **What if there is an outbreak in our community?**

The city has formed a Task Force that will assist with getting information out and with coordinating an emergency action plan.

Maine CDC is working with U.S. CDC to monitor the situation, provide healthcare providers with the latest information, and stay up to date on any potential cases they may see. There are ongoing investigations to learn more. This is a rapidly evolving situation and information will be updated as it becomes available. For more information on the situation, visit [U.S. CDC's COVID-19 situation summary webpage](#).

The best we can do at this time is remind everyone to stay home if sick, cover up any coughs or sneezes, wash hands regularly, and contact your doctor with any concerns or questions. If you or your family members are sick, please stay at home and/or check with your medical providers for care. Those at greatest risk are the elderly and others with pre-existing medical conditions that have weakened their immune systems.

City and School officials will provide updates as new information or guidance is offered. This notice was last updated March 13, 2020. Significant portions of this communication are taken directly from the Maine CDC and US CDC websites.

Mike Roy  
City Manager